

OVERTON PARK SURGERY

No Smoking Day

You're far more likely to quit smoking successfully with the right support. Discover what's available at NHS Better Health and prepare to quit for good this No Smoking Day – 12 March 2025.

The NHS App

View your health records, order repeat prescriptions and much more. Manage your health the easy way with the NHS App.



COVID-19 Spring Booster Vaccinations

The Covid-19 Spring Booster Vaccination programme will be starting in April. Invites will be sent out to eligible patients at the end of March. Make sure your contact details are up to date to ensure you receive your invites.



Practice News:



SystemConnect is our new online requests system, and is available through the practice website.

What can I use SystemConnect for?

We are currently accepting online requests for;

- Fit notes (sick notes)
- New patient registrations
- Online access requests
- Test results
- Questions for our reception team

How do I use SystemConnect?

You can access SystemConnect via the practice website (overtonparksurgery.com), by navigating to the "Contact us" page, and "Ask reception a question online"

All form options are available under the "other admin request" option on the SystemConnect website

Please note that this service is only for routine enquiries, we cannot accept urgent requests online. We are also currently unable to take appointment requests via SystemConnect, but routine appointments are bookable online via SystemOnline.



NHS Quit Smoking App

Our quit smoking app is available to download for free on the Apple App Store or Google Play. Based on a 28-day quit programme, the app allows you to:

- track your progress
- see how much money you're saving
- get daily support

Personal Quit Plan

Don't know where to start? Answer a few simple questions to get a Personalised Quit Plan, designed to support you every step of the way. With tailored advice and practical tips, this plan gives you the tools to quit smoking and stay smoke free for good.

Visit <https://www.nhs.uk/better-health/quit-smoking/> for more

The NHS App

The NHS App is a simple and secure way to access a range of NHS services and information on your smartphone or tablet. Millions of people are already using the NHS App to manage their health the easy way from the comfort of their homes.

If you are over the age of 16 the NHS App enables you to view your GP health record to help you better understand and manage your condition, without having to phone your GP surgery. With the App you can access your consultation notes, letters and test results.

The NHS App also enables you to manage repeat prescriptions and easily change your nominated pharmacy, so you can send orders when it's convenient for you. Each prescription ordered electronically saves GP practices three minutes of time and a patient 18 minutes, making it more convenient for people and freeing up frontline staff to do other important duties.

The App makes it easy to access your appointment information and manage your hospital appointments. You can also find out your NHS number and access NHS 111 online to get instant advice or medical help near you. New and innovative features will continue to be developed for the NHS App to help patients access convenient and high-quality care when and where they need it.

Start using the App today. For more information, including how to download the NHS App, please visit www.nhs.uk/nhsapp.

