

**Volunteer Specification:**

At Overton Park Surgery, we're committed to an all inclusive approach to patient's health and wellbeing. That's why we want to recruit patients from our surgery to be able to help provide community support for other patients who would benefit from this.

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| Role Responsibilities                | <ul style="list-style-type: none"><li>• We are offering two volunteer roles which are as follows:</li><li>• Being involved in running/arranging community based support groups or projects linked to the surgery.</li><li>• Making befriending calls to lonely or isolated patients</li></ul>   |
| Estimated time required for the role | <ul style="list-style-type: none"><li>• Volunteers would be asked to offer anything upwards from 1-2 hours per month</li></ul>  |
| Person Specification                 | <ul style="list-style-type: none"><li>• Friendly, empathetic approach and good listener</li><li>• Can establish and maintain appropriate boundaries</li><li>• Caring nature</li><li>• Non-judgemental</li><li>• Respectful</li><li>• Reliable</li><li>• Good communication skills</li><li>• Able to maintain confidentiality</li><li>• Knowledge of issues affecting client group is desirable but not essential</li><li>• Good at summarising and noting down information</li><li>• At the moment being computer literate is essential for us to deliver the training for the role</li></ul>                                   |
| Our commitment to you                | <ul style="list-style-type: none"><li>• We will provide training for you to carry out this role. A 2 hour introductory session and a 60 minute mandatory training session. At the moment the training will be delivered online</li><li>• We will provide you with regular follow ups and support, initially this will be weekly however as the group becomes more established this will then become monthly</li><li>• We will help support champions in the development of new community groups</li></ul>   |
| Further information                  | <p>Here are some links to similar projects that are going on across the country that have provided us with some inspiration:</p> <p>Bromley by Bow Centre:<br/><a href="https://www.bbbc.org.uk/services/social-prescribing-for-health-and-wellbeing/">https://www.bbbc.org.uk/services/social-prescribing-for-health-and-wellbeing/</a></p> <p>Pudsey Wellbeing Champion: <a href="https://pudseywellbeing.com/">https://pudseywellbeing.com/</a></p> <p>Alvanley Champions:<br/><a href="https://www.alvanleyfamilypractice.co.uk/index.aspx?pr=P88019">https://www.alvanleyfamilypractice.co.uk/index.aspx?pr=P88019</a></p> |
| Application Process                  | <p>Please apply via the Overton Park Surgery website.<br/><a href="https://overtonparksurgery.com/digitalpractice/reception-and-enquiries/">https://overtonparksurgery.com/digitalpractice/reception-and-enquiries/</a></p>   |

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| Contact | Dr Beth McIntyre and Social Prescriber Foena Lowe |