

WOMENS' EVENING HEALTH EVENT

The surgery, in conjunction with our PPG, held a Women's' Health Event on October 15th in the evening at St Andrews Church hall, Montpellier. The meeting was offered to women aged between 40 and 44 and the talk was presented by Dr Vellayan, consultant gynaecologist in Gloucestershire.

Dr Caroline Capps attended from the practice to offer a GP's perspective. We were pleased with the turnout, 38 women attending.

Dr Vellayan covered a variety of subjects including abnormal vaginal bleeding, heavy periods, the Mirena coil, HRT, the menopause and PMT. The meeting was very informal with plenty of questions from the floor, finishing with tea/coffee and biscuits.

Our patients really seemed to appreciate the opportunity to voice their concerns or queries about these issues – the questions could probably have continued all evening!

The practice is now encouraged to offer a similar meeting in the future as feedback was very positive.