

Overton Park Surgery “Carers Event” – organised by Overton Park Surgery PPG (Patient Participation Group)

November 14th 2012

3.30pm

At Elim Church Hall

Guest Speakers: Roger Hare Carers Gloucestershire
Daphne Sanderson Ambassador, Carers UK

The Carers Meeting was a great success and I am pleased to say well attended with 40 people attending.

Roger Hare opened the meeting introducing the services provided by Carers Gloucestershire whose primary objective is to support Carers and to promote their rights and enable them to make positive choices to improve the quality of their lives and the person being cared for.

Roger and his Team can be contacted on 01452 386283. Their website is worth a visit and very “user friendly” – www.carersgloucestershire.org.uk.

Daphne Sanderson who is an Ambassador for Carers UK, has herself been a Carer for her husband for the past 30 years. Daphne has firsthand knowledge of being a Carer and was able to give her experiences not only as an Ambassador but, also, the trials and tribulations experienced by Carers on a daily basis.

Daphne can be contacted on 01242 239632/daphne.sanderson@carers.net.

The meeting was very informative not only on a practical basis but to make Carers aware that they are not alone, they have a voice and there is help available.

There was an opportunity for questions and Dr Sarah Moliver was on hand to also answer questions.

The meeting concluded with tea and biscuits and a chance for people to chat to the Guest Speakers.

The Surgery would like to thank the Guest Speakers, Carers who attended the meeting and, lastly, Elim Church for their hospitality and allowing us to use the Church Hall which is very smart after recent refurbishment.

Pamela Bertoni PPG Member